

Primary Health Care Provider Form for Self-Administered Emergency Medication**APPROVAL FOR SELF-ADMINISTERED EMERGENCY MEDICATION**

As the primary health care provider for _____,
Student's Name

I affirm that during his/her time on course, the above listed student is permitted to have readily available (carry or possess outside of the regular supervision of the instructors), and to self-administer as medically necessary: (Check all that apply or list other emergency self-medication device.)

- Asthma Inhaler
- Epinephrine Pen
- Other (please list): _____

Students who require daily medications to manage asthma will be required to have a written Asthma Action Plan. If the student already has an Asthma Action Plan, please submit it with this form. Check all that apply, below:

- I am submitting the student's existing Asthma Action Plan with this form
- This student uses daily medications, but does not have an existing Asthma Action Plan. (HIOBS will send you a form.)
- This student does **not** use daily medications to manage asthma

I have read the State of Maine Law below, and confirm that the student has the knowledge and the skills to have readily available, and to safely self-administer, the indicated emergency medication while on course.

Primary Health Care Provider signature

Date

Summary of Maine Law on Self Administration of Emergency Medications

Recreational camps for children; emergency medication. A recreational camp for boys or girls must have a written policy authorizing campers to self-administer emergency medication, including, but not limited to, an asthma inhaler or an epinephrine pen. The written policy must include the following requirements:

1. A camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
2. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
3. The camp health staff must evaluate the camper's technique to ensure proper and effective use of the emergency medication in camp; and
4. The emergency medication must be readily available to the camper.

The full statute may be viewed at: <http://janus.state.me.us/legis/statutes/22/title22sec2496.html>